

You are invited to the official launch of

# Richmond Green Gym

Wednesday 11<sup>th</sup> October 2017

11:30am

at Meadway Orchard (opposite Kneller Gardens)  
Meadway, Twickenham, TW2 6PY



The Conservation Volunteers invites you to the launch of **Richmond Green Gym**, in collaboration with the London Borough of Richmond Upon Thames, the Friends of the River Crane Environment and funded by Thames Water.

Richmond Green Gym runs every Wednesday 10:45-2pm, with a range of activities suitable for all abilities. Our aim is to improve volunteers' health and wellbeing through conservation of Mereway Nature Park and Meadway Orchard.

**Join us from 11.30am** for an introduction to Green Gym, conservation activities and light refreshments. **Please RSVP by 5pm Friday 6<sup>th</sup> October** to Chloe at [gg-richmond@tcv.org.uk](mailto:gg-richmond@tcv.org.uk) or **07717 494476**



## Join in, feel good

